

# SALADS

**Chinese "Save the Chicken"** 8.95  
Your choice of house made seitan or grilled "save the chicken," romaine, cabbage, jasmine rice, corn, green onions, light sesame orange vinaigrette

**Ensalada Azteca** 9.85  
Tomato, cucumber, onion, jicama & avocado atop quinoa, romaine, currants, pumpkin seeds, mango-lime vinaigrette

**Iron Yam** 9.30  
Steamed yam on salad greens and steamed veggies, balsamic vinaigrette, ginger tofu and caramelized onions

**Soy Amigo** 8.25  
Salad greens, cabbage, soy taco meat, salsa, tortilla chip croutons, corn, cilantro and green onion garnish with creamy chipotle dressing *add avocado ...1.50*

**OC Raw Chopper** 10.50  
Chopped veggies, salad greens, beets, avocado, almonds, pomodoro, sprouts, manna bread, lemon olive oil dressing *add red or black beans ...1.00*

**Native Caesar** 6.95  
Romaine, house-made garlic-rubbed croutons and our own Caesar dressing *Add blackened tempeh or avocado...1.50*

**Mini-Greens Salad** 4.85  
Salad greens, beets, carrots, sprouts, sunflower seeds, croutons, balsamic vinaigrette

**Side Thai Slaw** 3.00  
Cabbage, carrots, green onion, sesame seeds, orange ginger dressing

# HandHolds

Add Native Fries...1.35  
Add Green Salad or Cup of Soup...2.35

**Scorpion Burger** 8.00  
Tanya's tempeh blackened, chipotle sauce, lettuce, carrots, onions *add avocado ...1.50*

**Chicken Run Ranch Burger** 8.75  
If the chickens ran the ranch! Crispy battered "save the chicken", ranch dressing, lettuce, carrots, onions

**Palm Springs Wrap** 7.95  
Tanya's tempeh salad, jasmine rice, sprouts, carrots, lettuce, balsamic drizzle

**Portobello & Sausage Burger** 9.65  
Big grilled beauties, seitan sausage, pomodoro, caramelized onions, vegan mayo, pesto and sweet roasted garlic

**Philly Peppersteak Sandwich** 9.85  
Sliced and seared peppered seitan, portobello mushrooms, onions, bell peppers, native cheese on an organic French roll.

**Caesar's Wrap** 8.35  
Blackened tempeh, brown rice, caesar salad, sliced avocado

**Twister Wrap** 8.60  
Your choice of grilled or crispy "save the chicken", tomato, cucumber, onions, avocado, chipotle sauce

**Tijuana Tacos (2)** 7.75  
Soy taco meat, salsa fresca, native cheese, cabbage, guacamole in grilled tortillas

**Baja Surf Tacos (2)** 7.95  
Crispy battered tempeh, surfer sauce, salsa fresca, cabbage, guacamole in grilled tortillas

# earth BOWLS



**Hollywood Bowl** 8.95  
Brown rice, steamed veggies, marinated tofu spears, our tangy peanut sauce

**Gandhi** 9.35  
Jasmine and brown rice, steamed veggies, blackened tempeh, topped with cranberries and wild curry sauce

**Mad Cowboy** 9.95  
BBQ'd tempeh or save the chicken, grilled veggies, baked potato, ranch dressing and green onions

**Soul Bowl** 10.35  
Red beans and "jazzman" rice, steamed veggies, greens,ranch, BBQ fried save the chicken, cornbread

**Greek Gyro** 9.85  
Steamed veggies, quinoa, peppered seitan, hummus, grilled flat bread, garlic lemon sauce

**Mina's Macro** 10.75  
Brown rice, quinoa, tempeh, steamed veggies, sea greens, sauerkraut, green onion, sesame salt garnish, lemon miso sauce

**Bongo Congo** 10.25  
Curried and grilled "save the chicken" spears, steamed veggies, brown rice, banana yam garnish

**Rockin' Moroccan** 9.95  
"Save the chicken," spicy ginger moroccan maranade, grilled veggies, quinoa, currants, toasted almonds

# PIZZA

On our fabulous organic wheat crusts... try one you must!

**Very Voluptuous Veggie** 14.25  
Creamy pesto, grilled veggies, steamed greens, roasted pumpkin seeds and a balsamic drizzle *add blackened tempeh ...1.50*

**The Mama Mia** 15.50  
Portobello mushrooms, seitan sausage, pomodoro, caramelized onions, pesto, sweet roasted garlic

**Native Margherita** 13.50  
Marinara, sliced tomatoes, pesto and Vegan Gourmet® mozzarella

# SNACKS

**Native Seasoned Fries** 3.60  
Fried in vegetable oil with a native blend of fun spices

**Chili Cheese Fries** 7.25  
Our fries, Native Chili, Native Cheese, chopped onions

**"Save the Chicken" Wings** 7.25  
With ranch dressing on the side

**Native Nachos** 8.25  
Tortilla chips, black beans, taco meat, native cheese, salsa fresca, guacamole, corn, cilantro, green onions

**Get 'Yo Greens** 4.75  
Steamed organic kale, your choice of balsamic vinaigrette, lemon & gomasio, or tangy peanut sauce

**Awesome Threesome** 6.95  
Hummus, pomodoro, grilled flatbread... Get Some!

**Bindhi Bites** 4.95  
Mini potato samosas with tamarind dipping sauce

*Side sauce or dressing... 1.00*

# SOUPISH

**Daily Delicious Soup** Sm 3.75 Lg 4.75

**Native Chili** Sm 5.00 Lg 6.75  
Topped with native cheese and chopped onions  
Served with cornbread

# DRINKS & SWEETS

**Native Iced Tea** 2.40  
Herbal hibiscus blend slightly sweetened with agave nectar

**Guru Chai** 3.50  
Official guru recipe in house! Hot or Iced

**Organic Hot Tea and Coffee** 2.40

**Sparkling Water and Sodas** 2.65  
See our refrigerated case

**Organic Love Shack Shakes** Sm 3.95 Med 5.50  
Vanilla, Chocolate, Wild Berry

**Vegan Soft Serve** Kid Cup 2.95 Reg 4.95  
Vanilla, Chocolate, or Swirl'em

Look In Our Refrigerated Case  
To See More Sweet Treats!

# Green Kids Rule!

Served with kid cup of iced tea

**Dippity Doo Dog** 5.25  
Choice of tofu spears or "save the chicken" nuggets, little cup of brown rice, dipping veggies, ranch dressing

**Noodles for Poodles** 4.50  
Whole wheat penne, steamed broccoli, marinara to dip

**Chimpanzee Cheesy Pizza** 5.25  
Slice of "cheese" pizza, banana slices on the side

**Skinny Burrito** 4.50  
Black beans, shredded "cheese," sliced avocado with fruity garnish

eat peace.



NOT ALL INGREDIENTS ARE LISTED, IF YOU HAVE  
A SPECIFIC FOOD AVERSION PLEASE TELL US.