Native Foods uses nuts, soy and wheat in our kitchens. We always use non-GMO soy, and organic ingredients whenever possible.

Please be aware that many of our ingredients share common cooking equipment and utensils, including common oils.

**NUTS**
Native Foods uses, cashews, peanuts, almonds, and other nuts in our kitchen; and shares common kitchen equipment, utensils, and oils.
For options without nut ingredients, see pages 1-3

**SOY**
Native Foods uses soy in our kitchen; and shares common kitchen equipment, utensils, and oils.
For options without soy ingredients, see pages 4-5

**WHEAT AND GLUTEN**
Native Foods uses wheat and gluten in our kitchen; and shares common kitchen equipment, utensils and oils.
For options without wheat or gluten ingredients, see pages 6-7

**MENU INGREDIENT LIST**
For a full list of ingredients, see pages 8-14

**LIST PER MENU ITEM**
For a full list of ingredients, see pages 15-32
NUT ALLERGIES

Native Foods uses cashews, peanuts, almonds, and other nuts in our kitchen and shares common kitchen equipment, utensils, and oils. If you have any questions or concerns, please ask to see a manager.

When ordered according to given instructions, the following menu items contain no nut ingredients, but may share common equipment, utensils and oils:

Starters
- Chicken Wings (Crispy version contains Native Batter with coconut)
- Native Chili
  - Order without Cashew Cheese (contains cashews)
- Native Nachos
  - Order without Cashew Cheese (contains cashews)
  - Chips are cooked in oil with items that contain coconut
- Plantain Chips and Dips
  - Chips are cooked in oil with items that contain coconut
- Thai Chili Brussels Sprouts (contains Native Batter with coconut)
  - Sprouts are cooked in oil with items that contain coconut
- Spicy Fried Cauliflower (contains Native Batter with coconut)
  - Cauliflower is cooked in oil with items that contain coconut
- Potato Teezers (contains Native Batter with coconut)

Seasonal Soups Note: soup selection may vary by location and season. Ask a Team Member for today’s selection.

- Tortilla
  - Tortilla strips are cooked in oil with items that contain coconut
- Organic Lentil & Chick Pea
- Red Thai Curry Soup (contains coconut)

Entrée Salads
- Ensalada Azteca
- BBQ Chicken Salad
- Taco Salad
  - Tortilla Strips are cooked in oil with items that contain coconut
- OC Raw Chopper
  - Order without almonds
- Roasted Sweet Potato and Farro Salad

Burgers
- Native Southwestern Burger
- Big 'O1 BBQ Burger (American cheese contains coconut)
- Portobello & Sausage Burger
- Native Scorpion Burger
NUT ALLERGIES

Native Foods uses cashews, peanuts, almonds, and other nuts in our kitchen and shares common kitchen equipment, utensils, and oils. If you have any questions or concerns, please ask to see a manager.

When ordered according to given instructions, the following menu items contain no nut ingredients, but may share common equipment, utensils and oils:

Handhelds and Sandwiches
- Native Chicken Run Ranch (Native Batter contains coconut)
- Native Chicken, Bacon & Avo Club (Native Batter contains coconut)
- Meatball Sub
  - Meatballs are cooked in oil with items that contain coconut
- Native Oklahoma Classic (American cheese contains coconut)
- Baja Tacos
- Twister Wrap (Crispy Chicken option: Native Batter contains coconut)
- Bistro Steak Sandwich
  - Shallots are cooked in oil with items that contain coconut
- Portobello Jibarito Sandwich
  - Plantains are cooked in shared oils with items that contain coconut
- Falafel Wrap
  - Falafel are cooked in shared oils with items that contain coconut

Entrees
- Bangkok Curry Bowl (red curry sauce contains coconut)
- Sesame Kale Macro Bowl
- Soul Bowl (Crispy Native Chicken contains Native Batter with coconut)
- Thai Meatball
  - Meatballs are cooked in oil with items that contain coconut
- Buddha Bowl (mushrooms cooked in oil with items that contain coconut)
- Chickpea Tikka Masala
  - Contains coconut
- Chicken & Waffles (Crispy Native Chicken contains Native Batter with coconut)

Kids’ Meals
- Chicken Strips (Native Batter contains coconut)
- Lil’ Buddha
- Sunflower Butter and Chia Jam Sandwich
  - Plantain bread is cooked in oil with items that contain coconut

Regular Sides
- Lemon Dill Potato Salad
- Seasoned Fries
  - Fries are cooked in oil with items that contain coconut
- Side Salad
- Steamed Kale
NUT ALLERGIES

Native Foods uses cashews, peanuts, almonds, and other nuts in our kitchen and shares common kitchen equipment, utensils, and oils. If you have any questions or concerns, please ask to see a manager.

When ordered according to given instructions, the following menu items contain no nut ingredients, but may share common equipment, utensils and oils:

Premium Sides
- Crispy Sweet Potato Fries
  - Fries are cooked in oil with items that contain coconut
- Lemongrass Broccoli

Sweet Treats
- Chocolate Chip Cookie (contains coconut oil)
- Oatmeal Crème Pie
- Carrot Caramel Cupcake
- Chocolate Ganache Cupcake
- Double Chocolate Ginger Cookie

Sauces, Dressings, Salsas & Cheeses: Most of our sauces, dressings, and salsas are nut free EXCEPT the items listed below, which contain cashews or coconut

The following cheeses and sauces CONTAIN CASHEWS or COCONUT:

- Cheese Sauce on Mac & Cheese (contains cashews)
- Herbed Cashew Cream Cheese (contains cashews)
- Native Cashew Cheese (contains cashews)
- Horseradish Cheese (contains cashews)
- American Cheese- Follow Your Heart™ (contains coconut)
- Red Curry Sauce (contains coconut)
- Poblano Crema (contains cashews)
- Macha Sauce (contains cashews)
SOY ALLERGIES

Native Foods uses soy in our kitchen and shares common kitchen equipment, utensils, and oils. If you have any questions or concerns, please ask to see a manager.

When ordered according to given instructions, the following menu items contain no soy ingredients, but may share common equipment, utensils and oils:

Starters

- Potato Teezers (Teezers are cooked in oil with items that contain soy)
- Native Nachos
  - Order without Black Beans, Chipotle Sauce, Taco Meat, or BBQ Chicken
  - Chips are cooked in oil with items that contain soy
- Plantain Chips and Dips (plantain chips are cooked in oil with items that contain soy)
  - Order without Chimichurri Aioli and Chipotle Sauce

Seasonal Soups Note: soup selection may vary by location and season. Ask a Team Member for today’s selection.

- Organic Lentil & Chickpea
- Cauliflower Soup
- Red Thai Curry Soup

Entrée Salads

- Ensalada Azteca
- OC Raw Chopper
- Roasted Sweet Potato and Farro Salad

Regular Sides

- Lemon Dill Potato Salad
- Seasoned Fries
  - Fries are cooked in oil with items that contain soy
- Side Salad
- Steamed Kale

Premium Sides

- Lemongrass Broccoli
  - Heated on a surface with items that contain soy
- Sweet Potato Fries
  - Fries are cooked in oil with items that contain soy
- Super Slaw

Kids’ Meals

- Mac & Cheese
- Lil’ Buddha
  - Rice is heated on a surface with items that contain soy
- Sunflower Butter and Chia Jam Sandwich (plantain bread is cooked in oil with items that contain soy)
  - Order without seitan bacon (this is an add-on, so do not include add-on)
SOY ALLERGIES

Native Foods uses soy in our kitchen and shares common kitchen equipment, utensils, and oils. If you have any questions or concerns, please ask to see a manager.

When ordered according to given instructions, the following menu items contain no soy ingredients, but may share common equipment, utensils and oils:

Sweet Treats
- Double Chocolate Ginger Cookie (NOT SOY FREE IN OREGON, margarine in Oregon contains soy)

Sauces, Dressings, Salsas & Cheeses
- Soy-free sauces include: Buffalo Sauce, Moroccan Sauce, Pesto, Marinara Sauce, Macha Sauce
- Soy-free dressings include: Lemon Garlic, Mango Lime Vinaigrette, Balsamic Tarragon Vinaigrette
- Soy-free salsas include: Salsa Fresca, Salsa Pomodoro, Salsa Pico de Gallo
- Soy-free cheeses include: Native Cashew Cheese, Parmesan, American Cheese- Follow Your Heart™, Cheddar Cheese-Follow Your Heart™
WHEAT/GLUTEN ALLERGIES
Native Foods uses wheat and gluten in our kitchen, and shares common kitchen equipment, utensils, and oils. If you have any questions or concerns, please ask to see a manager. Please be aware that many of our ingredients share common cooking equipment and utensils, including common oils.

When ordered according to given instructions, the following menu items contain no wheat or gluten ingredients, but may share common equipment, utensils and oils:

Starters
- Native Nachos
  - Order without Taco Meat or BBQ Chicken
  - Chips are cooked in oil with items that contain wheat/gluten
- Plantain Chips and Dips
  - Plantain chips are cooked in oil with items that contain wheat/gluten

Seasonal Soups Note: soup selection may vary by location and season. Ask a Team Member for today’s selection.
- Tortilla
  - Tortilla strips are cooked in oil with items that contain wheat/gluten
- Organic Lentil & Chickpea
- Red Thai Curry Soup
- Cauliflower Soup
  - Cauliflower is cooked in oil with items that contain wheat/gluten

Entrée Salads
- Ensalada Azteca
- Taco Salad
  - Order without Taco Meat
  - Chef’s recommended substitute: Black Beans
  - Tortilla Strips are cooked in oil with items that contain wheat/gluten
- OC Raw Chopper
- Korean Bulgogi (Salad)

Entrees
- Bangkok Curry
  - Tofu is cooked in oil, and on a surface, with items that contain wheat/gluten
- Chickpea Tikka Masala
- Sesame Kale Macro
  - Tempeh is heated on a surface with items that contain wheat/gluten
- Thai Meatball
  - Order without Meatballs
  - Chef’s recommended substitute: Tempeh
- Korean Bulgogi (Bowl)
- Buddha Bowl
  - Mushrooms are cooked in oils with items that contain wheat/gluten
  - Rice is heated on a surface with items that contain wheat/gluten
WHEAT/GLUTEN ALLERGIES

Native Foods uses wheat and gluten in our kitchen, and shares common kitchen equipment, utensils, and oils. If you have any questions or concerns, please ask to see a manager. Please be aware that many of our ingredients share common cooking equipment and utensils, including common oils.

Handhelds
- Baja Tacos
  - Tempeh and tortillas are heated on a surface with other items that contain wheat/gluten
- Portobello Fajita Tacos
  - Veggies and tortillas are heated on a surface with other items that contain wheat/gluten
- Portobello Jibarito
  - Plantains are cooked in shared oils with items that contain wheat/gluten
- Tostadas
  - Tortillas are cooked in shared oils with items that contain wheat/gluten

Regular Sides
- Lemon Dill Potato Salad
- Side Salad
  - Order without Croutons
- Steamed Kale

Kids’ Menu
- Lil’ Buddha
  - Rice is heated on a surface with items that contain wheat/gluten
- Sunflower Butter and Chia Jam Sandwich
  - Plantain bread is cooked in oil with items that contain wheat/gluten
  - Order without seitan bacon (this is an add-on, so do not include add-on)

Premium Sides
- Lemongrass Broccoli
  - Heated on a surface with other items that contain wheat/gluten
- Super Slaw

Sweet Treats
- Peanut Butter Parfait
- Double Chocolate Ginger Cookie
- Raspberry Cheesecake Parfait
Menu Ingredients List

Sauces and Dressings

- **1000 Island**: Native Mayo, ketchup, relish, lemon juice
- **Balsamic Tarragon Vinaigrette**: olive oil, Dijon mustard, lemon juice, balsamic vinaigrette, Italian spice, organic sugar, garlic, parsley, basil, salt, chili spice, pomegranate molasses, tarragon
- **BBQ Sauce**: Tomato puree (water, tomato paste), sugar, vinegar, brown sugar, salt, molasses, contains less than 2% of modified food starch, soybean oil, hydrolyzed soy protein, mustard flour, natural hickory smoke flavor, spice, dried onion, potassium sorbate (to preserve freshness), caramel color, dried garlic
- **Buffalo Sauce** (Frank’s™): Aged cayenne red peppers, distilled vinegar, water, salt and garlic powder
- **Chipotle Sauce**: Native vegan Mayo, chipotle peppers (chipotle peppers, tomato puree, vinegar, salt, sugar, garlic, soybean oil), agave, onion powder, garlic powder
- **Chimichurri Aioli Sauce**: cumin spice, Native vegan, parsley, cilantro, jalapeno, salt, nutritional yeast, shallots, lemon juice, garlic
- **Gochujang Sauce**: (may vary) Corn syrup, red pepper mixed seasoning, red pepper powder, water, salt, brown rice, water fermented soy beans, roasted soy bean powder, salt, red pepper powder alcohol (for freshness) yeast (yeast extracts, dextrin) CONTAINS SOY BEAN
- **Jalapeno Cilantro Lime (Green Goddess) Dressing**: Avocado, Native Mayo, garlic, lime juice, sea salt, jalapenos, lime zest, agave, cilantro
- **Lemon Garlic Dressing**: olive oil, non-GMO canola oil, lemon juice, garlic, sea salt
- **Mango Lime Dressing**: olive oil, non-GMO canola oil, lime juice, rice vinegar, agave, mango, ginger, sea salt
- **Marinara Sauce**: olive oil, non-GMO canola oil, shallots, crushed tomatoes, sea salt, black pepper, agave syrup
- **Macha Sauce**: safflower oil, cashew, garlic, white sesame seed, crushed red chili spice, chipotle pepper, apple cider vinegar, sea salt, agave syrup
- **Pesto Sauce**: olive oil, non-GMO canola oil, basil, garlic, pumpkin seeds, sea salt
- **Poblano Crema**: cashews, safflower oil, vinegar, lime juice, poblano peppers, salt, nutritional yeast
- **Ranch**: Native Mayo, soy milk, garlic powder, celery salt, black pepper, onion powder
- **Red Curry**: lemongrass, ginger, garlic, olive oil, canola oil, red curry paste (red chili pepper, garlic, lemongrass, galangal (Thai ginger), salt, shallots, spices, kaffir lime, soybean oil), coconut milk, cilantro
- **Spicy Peanut Sauce**: peanut butter, Gochujang Sauce: (will vary glutinous rice, red pepper powder, corn syrup, wheat flour, koji, soybean oil, potassium sorbate, salt, rice), rice wine vinegar, tamari soy sauce (water, organic soybeans, salt, organic alcohol - to preserve freshness), agave syrup
- **Tahini Sauce**: Tahini paste, olive oil, non-GMO canola oil, lemon juice, tamari soy sauce, apple cider vinegar, garlic, ginger
- **Tahini S’chug Sauce**: Tahini paste, olive oil, non-GMO canola oil, lemon juice, tamari soy sauce, apple cider vinegar, garlic, ginger, jalapeños, canola oil, parsley, salt, spices, citric acid and natural chili pepper extract
- **Thai Chili Cilantro Sauce**: Sweet Thai Chili (sugar, pickled red chili, vinegar, garlic, sea salt, xanthan gum), Native Mayo, cilantro, sea salt
- **Tzatziki Sauce**: vegan unsweetened yogurt (varies by state/by brand name listed above), cucumber, dill, mint, garlic, olive oil, lemon juice, cucumber seed, sea salt, soy bean oil, vinegar, water, maltodextrin, modified food starch, contains less than 2% of: sugar, spice, polysorbate 60, xanthan gum, propylene glycol alginate, calcium disodium edta to protect flavor, beta carotene, paprika
- **Native Mayo**: (soy bean oil, vinegar, water, maltodextrin, modified food starch, contains less than 2% of: sugar, salt, spice, polysorbate 60, xanthan gum, propylene glycol alginate, calcium disodium edta to protect flavor, beta carotene, paprika (color)
Menu Ingredients List

Sides
- **Lemon-Dill Potato Salad**: potato, green onion, parsley, dill, Lemon Garlic Dressing, sea salt
- **Lemongrass Broccoli**: broccoli, ginger, garlic, lemongrass, safflower oil, sesame oil, salt, crushed red chili
- **Mac & Cheese**: Fusilli pasta, cashews, Yukon Gold potatoes, carrots, onion, coconut milk, nutritional yeast, lemon juice, sea salt, smoked paprika, garlic powder
- **Seasoned Fries**: potatoes, French Fry Seasoning
- **Side Salad**: Baby greens, carrots, croutons
- **Steamed Kale**: kale, lemon wedge, red bell pepper, gomasio
- **Super Slaw**: green and red cabbage, kale, carrots, red pepper, chia seeds, flax seeds, sesame seeds, hemp seeds, olive oil blend, lemon juice, agave, salt
- **Sweet Potato Fries**: sweet potatoes, Sweet Potato Fry Seasoning

Salsas
- **Salsa Fresca**: roma tomato, red onion, cilantro, lime juice, sea salt, black pepper
- **Salsa Pomodoro**: tomato, garlic, basil, sea salt, black pepper, olive oil, canola oil
- **Salsa Pico de Gallo**: roma tomato, red onion, cilantro, lime juice, sea salt, black pepper, jalapeno

Vegan Cheeses
- **American Cheese (Follow your Heart™)**: (vegan, gluten-free, dairy-free, non-GMO, soy-free) filtered water, coconut oil, modified food starch, potato starch, sea salt, natural flavor (plant sources), olive extract, paprika extract and beta carotene for color
- **Native Cashew Cheese**: cashews, sunflower seeds, lemon juice, nutritional yeast, tahini (sesame seed paste), sea salt, onion powder, garlic powder
- **Cheddar Cheese (Follow your Heart™)**: (vegan, gluten-free, dairy-free, non-GMO, soy-free) filtered water, organic palm fruit oil, modified food starch, natural flavors (plant sources), less than 2% of: pea fiber, pea starch, bamboo fiber, nutritional yeast, calcium phosphate, rice flour, vegetable glycerin, sunflower lecithin, sea salt, sunflower oil, lactic acid (vegetable source), carrageenan (vegetable source), calcium sulfate, citric acid, enzymes, annatto (for color), xanthan gum, disodium phosphate, sodium citrate
- **Horseradish Cheese**: cashews, olive oil, canola oil, horseradish, tahini paste, sea salt
- **Cotija Cheese**: firm tofu, nutritional yeast, Hungarian paprika, sea salt
- **Cheese Sauce**: Cashews, Yukon Gold potatoes, carrots, onion, coconut milk, nutritional yeast, lemon juice, sea salt, smoked paprika, garlic powder
- **Herbed Cashew Cream Cheese**: cashews, roasted garlic and oil, lemon juice, apple cider vinegar, sea salt, thyme spice

Drinks
- **Chai**: cinnamon sticks, cloves, ginger, cardamom, black peppercorns, black tea, earl grey tea, organic sugar
- **Lavender Lemonade**: lemons, organic sugar, lavender, sea salt
- **Iced Teas**: teas vary by location (tea and water)
- **Watermelon Fresca**: watermelon, mint, organic sugar
Menu Ingredients List

Misc.

- **Beans, Black**: black beans, vegetable base (blend of vegetables (Puree: carrot, celery, onion, sautéed onion, red bell pepper), dehydrated (tomato, carrots, green bell pepper, onion), juices (onion, garlic, shallot, carrot), sugar, salt, yeast extract, hydrolyzed corn protein, contains 2% or less of the following: maltodextrin, canola oil, natural flavor, disodium inosinate, disodium guanylate, modified food starch, spice, hydrolyzed soy protein, burgundy wine solids.), onion, garlic, olive oil, bay leaf, sea salt

- **Beans, Red**: kidney beans, vegetable base (blend of vegetables (Puree: carrot, celery, onion, sautéed onion, red bell pepper), dehydrated (tomato, carrots, green bell pepper, onion), juices (onion, garlic, shallot, carrot), sugar, salt, yeast extract, hydrolyzed corn protein, contains 2% or less of the following: maltodextrin, canola oil, natural flavor, disodium inosinate, disodium guanylate, modified food starch, spice, hydrolyzed soy protein, burgundy wine solids.), onion, garlic, bay leaf, sea salt, coriander

- **Beans, Refried**: olive oil, roasted garlic, black beans, vegetable base (blend of vegetables (Puree: carrot, celery, onion, sautéed onion, red bell pepper), dehydrated (tomato, carrots, green bell pepper, onion), juices (onion, garlic, shallot, carrot), sugar, yeast extract, hydrolyzed corn protein, contains 2% or less of the following: maltodextrin, canola oil, natural flavor, disodium inosinate, disodium guanylate, modified food starch, spice, hydrolyzed soy protein, burgundy wine solids.), onion, garlic, bay leaf, sea salt, water, sea salt, ground coriander, nutritional yeast

- **Caramelized Onions**: onion, olive oil, canola oil, sea salt, white pepper, maple syrup

- **Chipotle Peppers with Adobo Sauce**: chipotle peppers, tomato puree, vinegar, salt, sugar, garlic, soybean oil

- **Chia Jam**:  
  - World of Chia™ jam: strawberries, organic agave nectar, chia seeds, lime juice  
  - Welch’s™ jam: sugar, strawberries, chia seeds, fruit pectin, citric acid, grape juice concentrate, natural flavor

- **Chocolate Chips**: evaporated cane juice, natural chocolate liquor (non-alcoholic), non-dairy cocoa butter.

- **Cream Cheese Tofutti™**: water, expeller processed natural oil blend (soybean, palm fruit and olive), maltodextrin, non-gmo (soy protein, tofu), nondairy lactic acid, blend of natural gums (locust bean, guar, cellulose, xanthan and carrageenan, organic sugar, vegetable mono and diglycerides, salt

- **Deglaze for Tempeh**: tamari, garlic, peppercorn, ginger, yellow onion

- **Dijon Mustard**: water, mustard seed, vinegar, citric acid, Sulphur dioxide(preservative)

- **Egg Replacer**: potato starch, tapioca flour, leavening (calcium lactate, calcium carbonate, cream of tartar), cellulose gum, modifiedcellulose

- **Falafel**: kale, canned garbanzo bean, lemon juice, garlic, unbleached flour, olive oil, cumin seed, smoked paprika, crushed chili red, sea salt

- **Gomasio**: toasted sesame seeds, sea salt

- **Guacamole**: avocado, red onion, tomato, jalapeño, cilantro, sea salt and lemon juice

- **Ketchup**: (Annie’s) tomato paste, distilled white vinegar, water, cane sugar, sea salt, onion, allspice, clove (all organic)

- **Margarine – Earth Balance™ Soy Free**: palm fruit, canola, safflower flax and olive oils, water, less than 2% salt, natural flavor, pea protein, sunflower lecithin, lactic acid (plant-based), annatto extract

- **Margarine – Earth Balance™ (Oregon only)**: palm fruit, canola, soybean, flax and olive oils, water, less than 2% salt, natural flavor, pea protein, sunflower lecithin, lactic acid (plant based), annatto extract

- **Milk, Soy**: filtered water, whole soybeans, cane sugar, sea salt, carrageenan, natural flavor, calcium carbonate, vitamin A palmitate, vitamin D2, riboflavin (B2), vitamin B12
Menu Ingredients List

Misc.

- **Milk, Rice**: filtered water, brown rice (brown rice, sea salt, olive oil, non-GMO canola oil), expeller pressed high oleic safflower oil, tricalcium phosphate, sea salt, vitamin A, vitamin D2, vitamin B12
- **Milk Almond**: filtered water, almonds, cane sugar, sea salt, natural flavor, gellan gum, calcium carbonate, zinc, vitamin A palmitate, vitamin D2, riboflavin (B2), vitamin B12
- **Native Batter**: coconut milk, garlic, coriander, sea salt, unbleached flour, egg replacer
- **Native Chili**: white (Great Northern) canned beans, olive oil, yellow onion, garlic, canned crushed tomato, water, mexican seitan, hungarian paprika, chile powder, coriander seed, oregano, cumin seed, sea salt, cayenne pepper, cilantro, lime juice, rice wine vinegar – topped with cashew cheese
- **Pickling Brine**: apple cider vinegar, organic sugar, sea salt, mustard seed, black pepper, garlic
- **Red Curry Paste**: red chili pepper, garlic, lemongrass, galangal (Thai ginger), salt, shallots, spices, kaffir lime, soybean oil
- **Relish**: organic cured cucumbers, organic sugar, organic white distilled vinegar, water, salt, calcium chloride, organic dried red bell peppers, xanthan gum, organic natural flavor spice
- **Rice, Brown**: brown rice, sea salt, olive oil, canola oil
- **Rice, Brown Sticky**: brown rice, sea salt, olive oil, canola oil, rice vinegar, sesame oil, organic sugar
- **Rice, Cilantro**: jasmine rice, cilantro, yellow onion, olive oil, canola oil, sea salt, caraway
- **Roasted Garlic**: garlic, safflower oil, sea salt, black pepper
- **Roasted Poblano Pepper**: red pepper, garlic, garlic oil
- **Roasted Red Peppers**: red bell peppers, garlic, safflower oil, sea salt, black pepper
- **Sauerkraut**: organic cabbage, yellow onion, olive oil, canola oil, sea salt, caraway seed
- **S’chug Paste (Superb™)**: jalapenos, canola oil, parsley, garlic, salt, spices, citric acid and natural chili pepper extract
- **Sesame Chicken Breading**: black and white sesame seeds, Spicy Chicken Breading
- **Soy Sauce**: water, wheat, soybeans (non-GMO), salt, sodium benzoate
- **Spicy Chicken Breading**: bread crumbs, unbleached organic flour, blackening seasoning, salt, parsley, Native Batter
- **Sour Cream (Tofutti™)**: water, expeller processed natural oil blend (soybean, palm fruit, and olive), maltodextrin, non-GMO (soy protein, tofu), non-dairy lactic acid, organic sugar, blend of natural gums (locust bean, guar, cellulose, xanthan and carrageenan), vegetable mono and diglycerides, salt
- **Sour Cream (WayFare™)**: vegan and non-GMO) water, organic butter beans, organic oats, vegetable oil blend (coconut and safflower), gum Arabic, konjac root powder, sea salt, calcium citrate, WayFare™ natural flavors, citric and lactic, (vegan) acid, vitamin E, sunflower lecithin
- **Sriracha**: chili, sugar, salt, garlic, distilled vinegar, potassium sorbate, sodium bisulfate as preservatives, and xanthan gum
Menu Ingredients List

Misc.

- **Sunflower Seed Butter:**
  - Sunbutter™ brand: roasted sunflower seeds, sugar, mono-diglycerides, salt
  - Once Again™ brand: dry roasted sunflower seeds, cane sugar, sunflower oil, salt
    (all organic except salt)
- **Sweet Thai Chili:** sugar, pickled red chili, vinegar, garlic, sea salt, xanthan gum
- **Tamari (gluten-free soy sauce):** water, organic soybeans, salt, organic alcohol (to preserve freshness)
- **Tofu (extra firm/baking) (Mori-Nu™ brand):** Filtered water, soybeans, isolated soy protein, gluconolactone (non-GMO), calcium chloride
- **Tofu (firm):** organic soybeans, calcium sulfate, calcium chloride
- **Vegetable Base:** blend of vegetables (Puree: carrot, celery, onion, sautéed onion, red bell pepper), dehydrated (tomato, carrots, green bell pepper, onion), juices (onion, garlic, shallot, carrot), sugar, salt, yeast extract, hydrolyzed corn protein, contains 2% or less of the following: maltodextrin, canola oil, natural flavor, disodium inosinate, disodium guanylate, modified food starch, spice, hydrolyzed soy protein, burgundy wine solids
- **Veggies (Portobello Fajita Tacos):** mushrooms, yellow onions, roma tomatoes, red pepper, poblano pepper, sea salt
- **Veggies Steamed:** zucchini, carrot, cauliflower, broccoli
- **Yellow Mustard:** water, org. vinegar, org. mustard seed, salt, org. turmeric, org. paprika
- **Yogurt (vegan and unsweetened) (Nancy’s™):** organic soy milk (filtered water and organic soy beans), organic white rice, organic agar-agar, organic pure vanilla extract, salt, non-dairy cultures (casei, rhamnosus, bifidum, bulgaricus, thermophiles)
- **Yogurt (vegan and unsweetened) (So Delicious Dairy Free™):** organic coconut milk (filtered water, organic coconut cream), rice starch, contains 2% or less of: calcium phosphate, pectin, dipotassium phosphate, locust bean gum, live cultures, vitamin d2, vitamin b12

Soups

- **Cauliflower Soup:** cauliflower, almond milk, sea salt, olive oil, mustard seed, yellow onion, curry spice, tomato paste, apple, tomato, porter beer, vinegar apple cider, brown sugar, crushed red pepper
- **Tortilla Soup:** corn tortillas, crushed tomato, yellow onion, garlic, jalapeno, salsa fresca, olive oil, canola oil, cumin, smoked paprika, sea salt
- **Red Thai Curry Soup:** olive oil, ginger, garlic, lemongrass, safflower oil, red chili pepper, galangal (Thai ginger), salt, shallots, kaffir lime, soybean oil, turmeric, organic sugar, sea salt, Yukon potato, coconut milk, Sriracha sauce
  - Sriracha: chili, sugar, salt, garlic, distilled vinegar, potassium sorbate, sodium bisulfate as preservatives, and xanthan gum
Menu Ingredients List

Seasonings

- **Blackening Seasoning**: paprika, chili powder, oregano, thyme, allspice, garlic powder, onion powder, crushed red pepper, bay leaves, sea salt, black pepper
- **French Fries Seasoning**: sea salt, chili powder, paprika, cumin, coriander, fennel seed, garlic powder, onion powder
- **Sweet Potato Fries Seasoning**: tarragon, organic sugar, sea salt

Proteins

- **BBQ Chicken**: Native Chicken, BBQ sauce
- **Native Chicken**: (Gardein™): water, soy protein isolate, vital wheat gluten, yeast extract (non-msg), natural flavors (from plant sources) organic cane sugar, expeller pressed/canola oil, sea salt, onion powder, pea protein, carrot fiber, extractives of paprika and turmeric (non-genetically engineered soybeans & wheat)
- **Jackfruit Bulgogi**: jackfruit, tamari soy sauce (organic soybeans, salt, organic alcohol-to preserve freshness), agave syrup, rice wine vinegar, ginger, garlic, yellow onion, sesame oil, water
- **Jamaican Jerk Jackfruit**: jackfruit, olive oil, garlic powder, onion powder, thyme, sea salt, smoked paprika, cayenne pepper, black pepper, ground cinnamon, mango, lime juice, water, agave syrup
- **Meatballs**: Vital wheat gluten, water, all-purpose flour, soy sauce, sea salt, onion powder, tapioca starch, canola oil, fennel, garlic powder, black pepper, oregano, crushed red chili
- **Bacon Seitan**: water, vital wheat gluten, soy sauce (water, wheat, soybeans, salt), whole wheat flour, natural hickory smoke concentrate, paprika, sea salt, onion
- **Mexican Seitan**: Vital wheat gluten, water, all-purpose flour, soy sauce, sea salt, onion powder, cumin, garlic powder, coriander, paprika, black pepper, crushed red pepper, oregano
- **Peppered Seitan**: Vital wheat gluten, water, all-purpose flour, soy sauce, sea salt, onion powder, black pepper, garlic powder, oregano
- **Peppered Steak Seitan (prepared)**: peppered seitan, olive oil, olive oil, canola oil, shallots, deglaze sauce
- **Sausage Seitan**: Vital wheat gluten, water, all-purpose flour, soy sauce, sea salt, onion powder, tapioca starch, canola oil, fennel, garlic powder, black pepper, oregano
- **Signature Savory Burger Patty**: Vital wheat gluten, water, all-purpose flour, mushrooms, tamari, canola oil, tapioca starch, soy sauce, sea salt, onion powder, black pepper, garlic powder, oregano
- **Native Taco Meat**: Vital wheat gluten, water, all-purpose flour, soy sauce, sea salt, onion powder, cumin, garlic powder, coriander, paprika, black pepper, crushed red pepper, oregano, olive oil, canola oil
- **Tempeh**: organic soybeans, millet, water, rice vinegar, tempeh starter, deglaze (tamari, garlic, peppercorn, ginger, yellow onion)
- **Tofu Steak**: tofu (firm), Dijon mustard, brown sugar, nutritional yeast, tamari soy sauce, rice wine vinegar, olive oil, canola oil, cumin, chili powder, oregano, onion powder, garlic powder, Sriracha (chili, sugar, salt, garlic, distilled vinegar, potassium sorbate, sodium bisulfate as preservatives, and xanthan gum
Menu Ingredients List

**Breads**
- **Ciabatta Roll**: unbleached/untreated enriched wheat flour, water, sea salt, yeast, malted barley
- **Whole Wheat Bun**: whole wheat flour, unbleached wheat flour, evaporated cane juice, safflower oil, yeast, ascorbic acid
- **French Baguette**: unbleached enriched wheat flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, salt, yeast
- **Cornbread**: corn flour, unbleached flour, baking powder, baking soda, sea salt, orange juice, water, safflower oil, tofu (baking), orange zest, agave
- **Rye Bread**: unbleached enriched wheat flour, rye flour, enriched semolina flour, salt, caraway seeds, yeast
- **Corn Tortilla**: organic yellow corn, water and traces of lime
- **White Corn Tortilla**: corn masa flour, water, contains 2% or less of: cellulose gum, guar gum, amylase, and propionic acid of benzoic acid (to maintain freshness)
- **Wheat Tortilla**: unbleached whole wheat flour, unbleached wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, water, palm oil, cultured wheat, sea salt, sodium acid pyrophosphate (baking powder), sodium bicarbonate, sugar, citric acid, enzyme, guar gum, yeast, mono and diglycerides
Ingredients per Menu Item

Starters
- Spicy Fried Cauliflower
  - Breaded Cauliflower: cauliflower, panko bread crumbs, unbleached flour, coconut milk, garlic, coriander, sea salt
  - Gochujang Sauce: (will vary) Glutinous rice, red pepper powder, corn syrup, wheat flour, koji, soybean oil, potassium sorbate, salt, rice
  - Pickled Beets, Carrots, Cucumbers: apple cider vinegar, organic sugar, sea salt, mustard seed, black pepper, garlic
  - Ranch: Native Mayo: soy milk, garlic powder, celery salt, black pepper, onion powder
  - Gomasio: Black & white sesame seeds, sea salt

- Thai Chili Brussels Sprouts
  - Breaded Brussels Sprouts: Brussels sprouts, panko bread crumbs, unbleached flour, egg replacer (potato starch, tapioca flour, leavening (calcium lactate, calcium carbonate, cream of tartar), cellulose gum, modified cellulose), Native batter (coconut milk, garlic, coriander, sea salt)
  - Thai Chili Cilantro Sauce: Sweet Thai Chili (sugar, pickled red chili, vinegar, garlic, sea salt, xanthan gum), Native Mayo, cilantro, sea salt
  - Gomasio: Black & white sesame seeds, sea salt
  - Cilantro

- Nachos
  - Tortilla Chips: organic yellow corn, water and traces of lime, non-GMO canola oil
  - Salsa Fresca: roma tomato, red onion, cilantro, lime juice, sea salt, black pepper
  - Beans, Black: black beans, vegetable base (blend of vegetables (Puree: carrot, celery, onion, sautéed onion, red bell pepper), dehydrated (tomato, carrots, green bell pepper, onion), juices (onion, garlic, shallot, carrot), sugar, salt, yeast extract, hydrolyzed corn protein, contains 2% or less of the following: maltodextrin, canola oil, natural flavor, disodium inosinate, disodium guanylate, modified food starch, spice, hydrolyzed soy protein, burgundy wine solids.), onion, garlic, olive oil, bay leaf, seasalt
  - Native Cashew Cheese: cashews, sunflower seeds, lemon juice, nutritional yeast, tahini (sesame seed paste), sea salt, onion powder, garlic powder
  - Chipotle Sauce: Native vegan Mayo, chipotle peppers (chipotle peppers, tomato puree, vinegar, salt, sugar, garlic, soybean oil), agave, onion powder, garlic powder
  - Jalapeno
  - Roasted Corn
  - Green Onion
  - Cilantro

- Native Chicken Wings
  - Native Chicken: (Gardein™): water, soy protein isolate, vital wheat gluten, yeast extract (non-msg), natural flavors (from plant sources) organic cane sugar, expeller pressed/canola oil, sea salt, onion powder, pea protein, carrot fiber, extractives of paprika and turmeric (non-genetically engineered soybeans & wheat)
    - Breading: coconut milk, garlic, coriander, sea salt, unbleached flour, egg replacer, non-GMO canola oil
    - If ordered as Buffalo: Aged cayenne red peppers, distilled vinegar, water, salt and garlic powder
    - If ordered with Thai Chili Cilantro Sauce: Sweet Thai Chili (sugar, pickled red chili, vinegar, garlic, sea salt, xanthan gum), Native Mayo, cilantro, sea salt
  - Romaine Hearts
  - Carrots

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Ingredients per Menu Item

Starters

- **Plantain Chips and Dips**
  - Fried Plantain Slices
  - Granulated Onion
  - Sea Salt
  - Served with Chimichurri Sauce: cumin spice, Native vegan, parsley, cilantro, jalapeno, salt, nutritional yeast, shallots, lemon juice, garlic
  - Served with Chipotle Sauce: Native Mayo, chipotle peppers (chipotle peppers, tomato puree, vinegar, salt, sugar, garlic, soybean oil), agave, onion powder, garlic powder

- **Potato Teezers**
  - Sea Salt
  - Russet Potato
  - Jalapeno
  - Cheddar Cheese: Follow your Heart™ - filtered water, organic palm fruit oil, modified food starch, natural flavors (plant sources), less than 2% of: pea fiber, pea starch, bamboo fiber, nutritional yeast, calcium phosphate, rice flour, vegetable glycerin, sunflower lecithin, sea salt, sunflower oil, lactic acid (vegetable source), carrageenan (vegetable source), calcium sulfate, citric acid, enzymes, annatto (for color), xanthan gum, disodium phosphate, sodium citrate
  - Unbleached Flour
  - Native Batter: coconut milk, garlic, coriander, sea salt, unbleached flour, egg replacer
  - Panko

Salads

- **Ensalada Azteca**
  - Romaine Hearts
  - Grain Quinoa (cooked)
  - Mango Lime Dressing: mango, olive oil, non-GMO canola oil, lime juice, rice vinegar, agave, ginger, sea salt
  - Cucumber Salsa: roma tomato, cucumber, red onion, cilantro, lime juice, sea salt, black pepper
  - Chili con Limon: salt, chili peppers, citric acid, red pepper, lemon juice powder, silicon dioxide
  - Jicama
  - Avocado
  - Raisins
  - Mango
  - Toasted Pumpkin Seeds
  - Cilantro
Ingredients per Menu Item

Salads

- **Taco Salad**
  - **Romaine Hearts**
  - **Cabbage:** green & red
  - **Salsa Fresca:** roma tomato, red onion, cilantro, lime juice, sea salt, black pepper
  - **Chipotle Sauce:** Native Mayo, chipotle peppers (chipotle peppers, tomato puree, vinegar, salt, sugar, garlic, soybean oil), agave, onion powder, garlic powder
  - **Taco Meat:** Vital wheat gluten, water, all-purpose flour, soy sauce, sea salt, onion powder, cumin, garlic powder, coriander, paprika, black pepper, crushed red pepper, oregano, olive oil, non-GMO canola oil
  - **Tortilla Strips:** organic yellow corn, water and traces of lime, non-GMO canola oil
  - **Roasted Corn**
  - **Green Onion**
  - **Cilantro**

- **BBQ Chicken Salad**
  - **Romaine Hearts**
  - **Green Goddess Dressing:** Avocado, Native Mayo, garlic, lime juice, sea salt, jalapenos, lime zest, agave, cilantro
  - **Salsa Fresca:** roma tomato, red onion, cilantro, lime juice, sea salt, black pepper
  - **Beans, Black:** black beans, vegetable base (blend of vegetables (Puree: carrot, celery, onion, sautéed onion, red bell pepper), dehydrated (tomato, carrots, green bell pepper, onion), juices (onion, garlic, shallot, carrot), sugar, salt, yeast extract, hydrolyzed corn protein, contains 2% or less of the following: maltodextrin, canola oil, natural flavor, disodium inosinate, disodium guanylate, modified food starch, spice, hydrolyzed soy protein, burgundy wine solids.), onion, garlic, olive oil, bay leaf, sea salt
  - **Bacon Seitan:** water, vital wheat gluten, soy sauce (water, wheat, soybeans, salt), whole wheat flour, natural hickory smoke concentrate, paprika, sea salt, onion
  - **BBQ Chicken**
    - **Native Chicken:** (Gardein™): water, soy protein isolate, vital wheat gluten, yeast extract (non-msg), natural flavors (from plant sources) organic cane sugar, expeller pressed/canola oil, sea salt, onion powder, pea protein, carrot fiber, extractives of paprika and turmeric (non-genetically engineered soybeans & wheat)
    - **BBQ Sauce:** tomato puree (water, tomato paste), sugar, vinegar, brown sugar, salt, molasses, contains less than 2% of modified food starch, soybean oil, hydrolyzed soy protein, mustard flour, natural hickory smoke flavor, spice, dried onion, potassium sorbate (to preserve freshness), caramel color, dried garlic
  - **Jicama**
  - **Roasted Corn**
  - **Avocado**
  - **Toasted Pumpkin Seeds**
  - **Cilantro**
Ingredients per Menu Item

Salads

- **OC Raw Chopper**
  - Spring Mix: mixed greens
  - Raw Vegetables: broccoli, cauliflower, carrots, zucchini
  - Lemon Garlic Dressing: olive oil, non-GMO canola, oil, lemon juice, garlic, sea salt
  - Salsa Pomodoro: tomato, garlic, basil, sea salt, black pepper, olive oil, non-GMO canola oil
  - Avocado
  - Almonds
  - Daikon Sprouts

- **Roasted Sweet Potato and Farro Salad**
  - Olive Oil
  - Roasted Sweet Potato
  - Sweet Potato Seasoning: tarragon, organic sugar, sea salt
  - Steamed Kale
  - Salt
  - Farro: grain farro, water, salt, ground cinnamon
  - Arugula
  - Balsamic Tarragon Vinaigrette: olive oil, Dijon mustard, lemon juice, balsamic vinaigrette, Italian spice, organic sugar, garlic, parsley, basil, salt, chili spice, pomegranate molasses, tarragon
  - Toasted Pepitas
  - Pomegranate Seeds

- **Korean Bulgogi (Salad):**
  - Romaine Hearts
  - Cabbage (red and green)
  - Spicy Peanut Sauce: peanut butter, Gochujang Sauce: (will vary glutinous rice, red pepper powder, corn syrup, wheat flour, koji, soybean oil, potassium sorbate, salt, rice), rice wine vinegar, tamari soy sauce (water, organic soybeans, salt, organic alcohol - to preserve freshness), agave syrup
  - Jackfruit Bulgogi: jackfruit, tamari soy sauce (organic soybeans, salt, organic alcohol-to preserve freshness), agave syrup, rice wine vinegar, ginger, garlic, yellow onion, sesame oil, water
  - Avocado
  - Cucumber Salad: cucumbers, wakame flakes, apple cider vinegar, maple syrup, sesame oil, toasted black and white sesame seeds, sea salt
  - Thai Pineapple: pineapple, Sweet Thai Chili (sugar, pickled red chili, vinegar, garlic, sea salt, xanthan gum)
  - Fresh Basil
  - Carrot (pickled)
  - Gomasio: black & white sesame seeds, sea salt
Ingredients per Menu Item

Handhelds

- Native Chicken Bacon Avo Club
  - Spicy Native Chicken Patty
    - Native Chicken: (Gardein™): water, soy protein isolate, vital wheat gluten, yeast extract (non-msg), natural flavors (from plant sources) organic cane sugar, expeller pressed/canola oil, sea salt, onion powder, pea protein, carrot fiber, extractives of paprika and turmeric (non-genetically engineered soybeans & wheat)
    - Breading: Panko bread crumbs, paprika, chili powder, oregano, thyme, allspice, garlic powder, onion powder, crushed red pepper, bay leaves, sea salt, black pepper, parsley, coconut milk, garlic, coriander, sea salt, egg replacer, unbleached flour, non-GMO canola oil
  - Ciabatta Roll: unbleached/untreated enriched wheat flour, water, sea salt, yeast, malted barley
  - Chipotle Sauce: Native Mayo, chipotle peppers (chipotle peppers, tomato puree, vinegar, salt, sugar, garlic, soybean oil), agave, onion powder, garlic powder
  - Bacon Seitan: water, vital wheat gluten, soy sauce (water, wheat, soybeans, salt), whole wheat flour, natural hickory smoke concentrate, paprika, sea salt, onion
  - Avocado
  - Romaine Hearts
  - Carrots
  - Red Onion
  - Roma Tomato

- Chicken Run Ranch
  - Native Chicken: (Gardein™): water, soy protein isolate, vital wheat gluten, yeast extract (non-msg), natural flavors (from plant sources) organic cane sugar, expeller pressed/canola oil, sea salt, onion powder, pea protein, carrot fiber, extractives of paprika and turmeric (non-genetically engineered soybeans & wheat)
    - Breading: coconut milk, garlic, coriander, sea salt, unbleached flour, egg replacer, non-GMO canola oil
  - Whole Wheat Bun: whole wheat flour, unbleached wheat flour, evaporated cane juice, safflower oil, yeast, ascorbic acid
  - Ranch: Native vegan Mayo, soy milk, garlic powder, celery salt, black pepper, onion powder
  - Romaine Hearts
  - Carrots
  - Red Onion
Ingredients per Menu Item

**Handhelds**

- **Oklahoma Classic**
  - **Peppered Seitan**: Vital wheat gluten, water, all-purpose flour, soy sauce, sea salt, onion powder, black pepper, garlic powder, oregano, olive oil, non-GMO canola oil
  - **Whole Wheat Bun**: whole wheat flour, unbleached wheat flour, evaporated cane juice, safflower oil, yeast, ascorbic acid
  - **Caramelized Onions**: onions, olive oil, non-GMO canola oil, sea salt, white pepper, maple syrup
  - **Ranch**: Native vegan Mayo, soy milk, garlic powder, celery salt, black pepper, onion powder
  - **BBQ Sauce**: Tomato puree (water, tomato paste), sugar, vinegar, brown sugar, salt, molasses, contains less than 2% of modified food starch, soybean oil, hydrolyzed soy protein, mustard flour, natural hickory smoke flavor, spice, dried onion, potassium sorbate (to preserve freshness), caramel color, dried garlic
  - **Bacon Seitan**: water, vital wheat gluten, soy sauce (water, wheat, soybeans, salt), whole wheat flour, natural hickory smoke concentrate, paprika, sea salt, onion
  - **Follow your Heart American Cheese™**: filtered water, coconut oil, modified food starch, potato starch, sea salt, natural flavor (plant sources), olive extract, paprika extract and beta carotene for color
  - **Romaine Hearts**
  - **Carrots**
  - **Red Onion**
  - **Roma Tomato**

- **Twister Wrap**
  - **Native Chicken: (Gardein™)**: water, soy protein isolate, vital wheat gluten, yeast extract (non-msg), natural flavors (from plant sources) organic cane sugar, expeller pressed/canola oil, sea salt, onion powder, pea protein, carrot fiber, extractives of paprika and turmeric (non-genetically engineered soybeans & wheat), olive oil, non-GMO canola oil
    - If Breadcraded: coconut milk, garlic, coriander, sea salt, egg replacer, unbleached flour, non-GMO canola oil
    - If Buffalo: Aged cayenne red peppers, distilled vinegar, water, salt and garlic powder
  - **Wheat Tortilla**: unbleached whole wheat flour, unbleached wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, water, palm oil, cultured wheat, sea salt, sodium acid pyrophosphate (baking powder), sodium bicarbonate, sugar, citric acid, enzyme, guar gum, yeast, mono and diglycerides.
  - **Chipotle Sauce**: Native vegan Mayo, chipotle peppers (chipotle peppers, tomato puree, vinegar, salt, sugar, garlic, soybean oil), agave, onion powder, garlic powder
  - **OR Ranch**: Native Mayo, soy milk, garlic powder, celery salt, black pepper, onion powder
  - **Cucumber Salsa**: roma tomato, cucumber, red onion, cilantro, lime juice, sea salt, black pepper
  - **Avocado**
  - **Spring Mix** (mixed greens)
Ingredients per Menu Item

Handhelds

• BBQ Pulled Jackfruit
  o Jackfruit
  o BBQ Sauce: Tomato puree (water, tomato paste), sugar, vinegar, brown sugar, salt, molasses, contains less than 2% of modified food starch, soybean oil, hydrolyzed soy protein, mustard flour, natural hickory smoke flavor, spice, dried onion, potassium sorbate (to preserve freshness), caramel color, dried garlic
  o Whole Wheat Bun: whole wheat flour, unbleached wheat flour, evaporated cane juice, safflower oil, yeast, ascorbic acid
  o Sriracha Coleslaw: green cabbage, red cabbage, Native Mayo (soy bean oil, vinegar, water, maltodextrin, modified food starch, contains less than 2% of: sugar, salt, spice, polysorbate 60, xanthan gum, propylene glycol alginate, calcium disodium edta to protect flavor, beta carotene, paprika (color), Sriracha Sauce (chili, sugar, salt, garlic, distilled vinegar, potassium sorbate, sodium bisulfate as preservatives, and xanthan gum)
  o Crispy Shallots: shallots, unbleached flour, soy milk, garlic powder, sea salt, black pepper
  o Pickle Chips: cucumber, apple cider vinegar, organic sugar, sea salt, mustard seed, black pepper, garlic

• Portobello Jibarito Sandwich
  o Chimichurri Aioli Sauce: cumin spice, Native vegan mayo, parsley, cilantro, jalapeno, salt, nutritional yeast, shallots, lemon juice, garlic
  o Fried Plantains: plantains cooked in shared oils
  o Marinated Portobello: Portobello mushroom, balsamic vinegar, Dijon mustard, black pepper
  o Pickle Chips: cucumber, apple cider vinegar, organic sugar, sea salt, mustard seed, black pepper, garlic
  o Blackening Seasoning: paprika, chili powder, oregano, thyme, allspice, garlic powder, onion powder, crushed red pepper, bay leaves, sea salt, black pepper
  o Chili con Limon: salt, chili peppers, citric acid, red pepper, lemon juice powder, silicon dioxide
  o Tomato
  o Onion
  o Avocado
  o Arugula

• Meatball Sub
  o Meatballs: Vital wheat gluten, water, all-purpose flour, soy sauce, sea salt, onion powder, tapioca starch, canola oil, fennel, garlic powder, black pepper, oregano, crushed red chili
  o French Baguette: unbleached enriched wheat flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, salt, yeast
  o Caramelized Onions: onions, olive oil, non-GMO canola oil, sea salt, white pepper, maple syrup
  o Marinara Sauce: olive oil, non-GMO canola oil, shallots, crushed tomatoes, sea salt, black pepper, agave
  o Pesto Sauce: olive oil, non-GMO canola oil, basil, garlic, pumpkin seeds, sea salt
  o Ranch: Native Mayo, soy milk, garlic powder, celery salt, black pepper, onion powder
  o Pickle Spear (if applicable): cucumber, apple cider vinegar, organic sugar, sea salt, mustard seed, black pepper, garlic
  o Parmesan Cheese: nutritional yeast, sea salt
Ingredients per Menu Item

Handhelds

- **Reuben**
  - **Reuben Seitan**
    - **Peppered Seitan:** Vital wheat gluten, water, all-purpose flour, soy sauce, sea salt, onion powder, black pepper, garlic powder, oregano, olive oil, non-GMO canola oil
    - **Marinade:** water, beet powder, black pepper, juniper berries, allspice, paprika, thyme, sea salt, cloves, bay leaf
  - **Rye Bread:** unbleached enriched wheat flour, rye flour, enriched semolina flour, salt, caraway seeds, yeast
  - **Sauerkraut:** organic cabbage, yellow onion, olive oil, non-GMO canola oil, sea salt, caraway seed
  - **1000 Island:** Native vegan Mayo, ketchup, relish, lemon juice
  - **Horseradish Cheese:** cashews, olive oil, non-GMO canola oil, horseradish, tahini paste, sea salt
  - **Pickle Chips:** cucumber, apple cider vinegar, organic sugar, sea salt, mustard seed, black pepper, garlic

- **Avocado Crunch Wrap**
  - **Breaded Avocado:** avocado, coconut, coconut milk, garlic, coriander, sea salt, unbleached flour, egg replacer, non-GMO canola oil
  - **Wheat Tortilla:** unbleached whole wheat flour, unbleached wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, water, palm oil, cultured wheat, sea salt, sodium acid pyrophosphate (baking powder), sodium bicarbonate, sugar, citric acid, enzyme, guar gum, yeast, mono and diglycerides.
  - **Mango Slaw:** green cabbage, red cabbage, mango, red bell pepper, onion powder, thyme, allspice, black pepper, cinnamon, cayenne pepper, sea salt
    - **Green Goddess Dressing:** avocado, Native vegan Mayo, garlic, lime juice, sea salt, jalapenos, lime zest, agave, cilantro
    - **Mango Lime Dressing:** olive oil, non-GMO canola oil, lime juice, rice vinegar, agave, mango, ginger, sea salt
    - **Native Mayo:** (soy bean oil, vinegar, water, maltodextrin, modified food starch, contains less than 2% of: sugar, salt, spice, polysorbate 60, xanthan gum, propylene glycol alginate, calcium disodium edta to protect flavor, beta carotene, paprika (color
  - **Cilantro**
Ingredients per Menu Item

Handhelds

- **Baja Tacos**
  - **Tempeh**: organic soybeans, millet, water, rice vinegar, tempeh starter, deglaze (tamari, garlic, peppercorn, ginger, yellow onion), olive oil, non-GMO canola oil
  - **Blackening Seasoning**: paprika, chili powder, oregano, thyme, allspice, garlic powder, onion powder, crushed red pepper, bay leaves, sea salt, black pepper
  - **White Corn Tortilla**: corn masa flour, water, contains 2% or less of: cellulose gum, guar gum, amylase, and propionic acid of benzoic acid (to maintain freshness)
  - **Chipotle Sauce**: Native vegan Mayo, chipotle peppers (chipotle peppers, tomato puree, vinegar, salt, sugar, garlic, soybean oil), agave, onion powder, garlic powder
  - **Salsa Fresca**: roma tomato, red onion, cilantro, lime juice, salt, black pepper
  - **Guacamole**: avocado, red onion, tomato, jalapeño, cilantro, sea salt and lemon juice
  - **Green**
  - **Red Cabbage**

- **Portobello Fajita Tacos**
  - **White Corn Tortilla**: corn masa flour, water, contains 2% or less of: cellulose gum, guar gum, amylase, and propionic acid of benzoic acid (to maintain freshness)
  - **Poblano Crema**: cashews, safflower oil, vinegar, lime juice, poblano peppers, salt, nutritional yeast
  - **Olive Oil**
  - **Portobello Fajita Taco Veggies**: mushrooms, yellow onions, roma tomatoes, red pepper, poblano pepper, sea salt
  - **Cotija Cheese**: firm tofu, nutritional yeast, Hungarian paprika, sea salt
  - **Cilantro Sprigs**

- **Breakfast Burrito**
  - **Olive Oil**
  - **Tofu Scramble**: tofu firm, turmeric, parmesan cheese, black Himalayan sea salt, black pepper
  - **Parmesan Cheese**: nutritional yeast, sea salt
  - **Seitan Sausage**: vital wheat gluten, water, all-purpose flour, soy sauce, sea salt, onion powder, tapioca starch, canola oil, fennel, garlic powder, black pepper, oregano
  - **Tomato**
  - **Caramelized Onion**: onion, olive oil, non-GMO canola oil, sea salt, white pepper, maple syrup
  - **Roasted Red Pepper**: red bell peppers, garlic, safflower oil, sea salt, black pepper
  - **Roasted Poblano Pepper**: red pepper, garlic, garlic oil
  - **Cheddar Cheese**: Follow your Heart™ - filtered water, organic palm fruit oil, modified food starch, natural flavors (plant sources), less than 2% of: pea fiber, pea starch, bamboo fiber, nutritional yeast, calcium phosphate, rice flour, vegetable glycerin, sunflower lecithin, sea salt, sunflower oil, lactic acid (vegetable source), carrageenan (vegetable source), calcium sulfate, citric acid, enzymes, annatto (for color), xanthan gum, disodium phosphate, sodium citrate
  - **Poblano Crema**: cashews, safflower oil, vinegar, lime juice, poblano peppers, salt, nutritional yeast
  - **Wheat Tortilla**: unbleached whole wheat flour, unbleached wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, water, palm oil, cultured wheat, sea salt, sodium acid pyrophosphate (baking powder), sodium bicarbonate, sugar, citric acid, enzyme, guar gum, yeast, mono and diglycerides
Ingredients per Menu Item

Handhelds

- **Falafel Wrap**
  - **Wheat Tortilla:** unbleached whole wheat flour, unbleached wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, water, palm oil, cultured wheat, sea salt, sodium acid pyrophosphate (baking powder), sodium bicarbonate, sugar, citric acid, enzyme, guar gum, yeast, mono and diglycerides
  - **Falafel:** kale, canned garbanzo bean, lemon juice, garlic, unbleached flour, olive oil, cumin seed, smoked paprika, crushed chili red, sea salt
  - **Arugula (baby)**
  - **Carrot (pickled)**
  - **Red Onion**
  - **Tomato**
  - **Tahini S’chug Sauce:** Tahini paste, olive oil, non-GMO canola oil, lemon juice, tamari soy sauce, apple cider vinegar, garlic, ginger, jalapenos, canola oil, parsley, salt, spices, citric acid and natural chili pepper extract
  - **Tzatziki Sauce:** vegan unsweetened yogurt (varies by state/by brand name listed above), cucumber, dill, mint, garlic, olive oil, lemon juice, cumin seed, sea salt, soy bean oil, vinegar, water, maltodextrin, modified food starch, contains less than 2% of: sugar, spice, polysorbate 60, xanthan gum, propylene glycol alginate, calcium disodium edta to protect flavor, beta carotene, paprika
  - **Mint**
  - **Cilantro**

- **Jamaican Jerk Wrap**
  - **Wheat Tortilla:** unbleached whole wheat flour, unbleached wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, water, palm oil, cultured wheat, sea salt, sodium acid pyrophosphate (baking powder), sodium bicarbonate, sugar, citric acid, enzyme, guar gum, yeast, mono and diglycerides
  - **Jamaican Jerk Jackfruit:** jackfruit, olive oil, garlic powder, onion powder, thyme, sea salt, smoked paprika, cayenne pepper, black pepper, ground cinnamon, mango, lime juice, water, agave syrup
  - **Cabbage (green and red)**
  - **Beans, Black:** black beans, vegetable base (blend of vegetables (Puree: carrot, celery, onion, sautéed onion, red bell pepper), dehydrated (tomato, carrots, green bell pepper, onion), juices(onion, garlic, shallot, carrot), sugar, salt, yeast extract, hydrolyzed corn protein, contains 2% or less of the following: maltodextrin, canola oil, natural flavor, disodium inosinate, disodium guanylate, modified food starch, spice, hydrolyzed soy protein, burgundy wine solids.), onion, garlic, olive oil, bay leaf, sea salt
  - **Pineapple**
  - **Cilantro**
  - **Mango Lime Dressing:** olive oil, non-GMO canola oil, lime juice, rice vinegar, agave, mango, ginger, sea salt
  - **Green Goddess Dressing:** avocado, Native vegan Mayo, garlic, lime juice, sea salt, jalapenos, lime zest, agave, cilantro
Ingredients per Menu Item

Handhelds

- **Tostadas**
  - **Corn Tortilla**: organic yellow corn, water and traces of lime
  - **Beans, Refried**: olive oil, roasted garlic, black beans, vegetable base (blend of vegetables (Puree: carrot, celery, onion, sautéed onion, red bell pepper), dehydrated (tomato, carrots, green bell pepper, onion), juices (onion, garlic, shallot, carrot), sugar, yeast extract, hydrolyzed corn protein, contains 2% or less of the following: maltodextrin, canola oil, natural flavor, disodium inosinate, disodium guanylate, modified food starch, spice, hydrolyzed soy protein, burgundy wine solids.), onion, garlic, olive oil, bay leaf, sea salt, water, sea salt, ground coriander, nutritional yeast
  - **Romaine Lettuce**
  - **Salsa Pico de Gallo**: roma tomato, red onion, cilantro, lime juice, sea salt, black pepper, jalapeno
  - **Macha Sauce**: safflower oil, cashew, garlic, white sesame seed, crushed red chili spice, chipotle pepper, apple cider vinegar, sea salt, agave syrup
  - **Avocado**
  - **Cilantro**

- **Korean Bulgogi (Wrap)**
  - **Wheat Tortilla**: unbleached whole wheat flour, unbleached wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, water, palm oil, cultured wheat, sea salt, sodium acid pyrophosphate (baking powder), sodium bicarbonate, sugar, citric acid, enzyme, guar gum, yeast, mono and diglycerides
  - **Jackfruit Bulgogi**: jackfruit, tamari soy sauce (organic soybeans, salt, organic alcohol-to preserve freshness), agave syrup, rice wine vinegar, ginger, garlic, yellow onion, sesame oil, water
  - **Red Cabbage**
  - **Brown Rice**: brown rice, sea salt, olive oil, non-GMO canola oil
  - **Thai Pineapple**: pineapple, Sweet Thai Chili (sugar, pickled red chili, vinegar, garlic, sea salt, xanthan gum)
  - **Cucumber Salad**: cucumbers, wakame flakes, apple cider vinegar, maple syrup, sesame oil, toasted black and white sesame seeds, sea salt
  - **Fresh Basil**
  - **Spicy Peanut Sauce**: peanut butter, Gochujang Sauce: (will vary glutinous rice, red pepper powder, corn syrup, wheat flour, koji, soybean oil, potassium sorbate, salt, rice), rice wine vinegar, tamari soy sauce (water, organic soybeans, salt, organic alcohol - to preserve freshness), agave syrup
  - **Gomasio**: black & white sesame seeds, sea salt
Ingredients per Menu Item

Burgers

- **Big Ol’ BBQ Burger**
  - **Signature Savory Burger Patty**: Vital wheat gluten, water, all-purpose flour, mushrooms, tamari, canola oil, tapioca starch, soy sauce, sea salt, onion powder, black pepper, garlic powder, oregano, olive oil
  - **Whole Wheat Bun**: whole wheat flour, unbleached wheat flour, evaporated cane juice, safflower oil, yeast, ascorbic acid
  - **Native Mayo**: (soy bean oil, vinegar, water, maltodextrin, modified food starch, contains less than 2% of: sugar, salt, spice, polysorbate 60, xanthan gum, propylene glycol alginate, calcium disodium edta to protect flavor, beta carotene, paprika (color)
  - **BBQ Sauce**: tomato puree (water, tomato paste), sugar, vinegar, brown sugar, salt, molasses, contains less than 2% of modified food starch, soybean oil, hydrolyzed soy protein, mustard flour, natural hickory smoke flavor, spice, dried onion, potassium sorbate (to preserve freshness), caramel color, dried garlic
  - **Ranch**: Native Mayo, soy milk, garlic powder, celery salt, black pepper, onion powder
  - **Follow your Heart American Cheese™**: filtered water, coconut oil, modified food starch, potato starch, sea salt, natural flavor (plant sources), olive extract, paprika extract and beta carotene for color
  - **Bacon Seitan**: Water, vital wheat gluten, soy sauce (water, wheat, soybeans, salt), whole wheat flour, natural hickory smoke concentrate, paprika, sea salt, onion
  - **Crispy Shallots**: shallots, unbleached flour, soy milk, garlic powder, sea salt, black pepper
  - **Bibb/Butter Lettuce**

- **Southwest Burger**
  - **Signature Savory Burger Patty**: Vital wheat gluten, water, all-purpose flour, mushrooms, tamari, canola oil, tapioca starch, soy sauce, sea salt, onion powder, black pepper, garlic powder, oregano, olive oil
  - **Ciabatta Roll**: unbleached/untreated enriched wheat flour, water, sea salt, yeast, malted barley
  - **Chipotle Sauce**: Native vegan Mayo, chipotle peppers (chipotle peppers, tomato puree, vinegar, salt, sugar, garlic, soybean oil), agave, onion powder, garlic powder
  - **Salsa Fresca**: roma tomato, red onion, cilantro, lime juice, sea salt, black pepper
  - **Guacamole**: avocado, red onion, tomato, jalapeño, cilantro, sea salt and lemon juice
  - **Romaine Hearts**
  - **Roasted Corn**
  - **Jalapeno**
Ingredients per Menu Item

Burgers

- **Portobello & Sausage Burger**
  - **Sausage Seitan**: Vital wheat gluten, water, all-purpose flour, soy sauce, sea salt, onion powder, tapioca starch, canola oil, fennel, garlic powder, black pepper, oregano
  - **Whole Wheat Bun**: whole wheat flour, unbleached wheat flour, evaporated cane juice, safflower oil, yeast, ascorbic acid
  - **Marinated Portobello**: Portobello mushroom, balsamic vinegar, Dijon mustard, black pepper
  - **Caramelized Onions**: onions, olive oil, non-GMO canola oil, sea salt, white pepper, maple syrup
  - **Salsa Pomodoro**: tomato, garlic, basil, sea salt, black pepper, olive oil, non-GMO canola oil
  - **Pesto Sauce**: olive oil, non-GMO canola oil, basil, garlic, pumpkin seeds, sea salt
  - **Native Mayo**: (soy bean oil, vinegar, water, maltodextrin, modified food starch, contains less than 2% of: sugar, salt, spice, polysorbate 60, xanthan gum, propylene glycol alginate, calcium disodium edta to protect flavor, beta carotene, paprika (color))
  - **Roasted Garlic**: garlic, safflower oil, sea salt, black pepper
  - **Romaine Hearts**
  - **Basil**

- **Scorpion Burger**
  - **Tempeh**: organic soybeans, millet, water, rice vinegar, tempeh starter, deglaze (tamari, garlic, peppercorn, ginger, yellow onion), olive oil, non-GMO canola oil
  - **Blackening Seasoning**: paprika, chili powder, oregano, thyme, allspice, garlic powder, onion powder, crushed red pepper, bay leaves, sea salt, black pepper
  - **Whole Wheat Bun**: whole wheat flour, unbleached wheat flour, evaporated cane juice, safflower oil, yeast, ascorbic acid
  - **Chipotle Sauce**: Native vegan Mayo, chipotle peppers (chipotle peppers, tomato puree, vinegar, salt, sugar, garlic, soybean oil), agave, onion powder, garlic powder
  - **Avocado**
  - **Romaine Hearts**
  - **Carrots**
  - **Red Onion**

Entrees

- **Buddha Bowl**
  - **Rice, Cilantro**: jasmine rice, cilantro, yellow onion, olive oil, non-GMO canola oil, sea salt, caraway
  - **Sweet Potatoes: Teriyaki Sauce**: Tamari soy sauce, organic brown sugar, mirin rice wine vinegar, agave syrup, sesame oil, ginger, corn starch, water
  - **Thai Pineapple**: pineapple, Sweet Thai Chili (sugar, pickled red chili, vinegar, garlic, sea salt, xanthan gum)
  - **Crispy Shiitake**: shiitake mushrooms, sea salt, non-GMO canola oil
  - **Gomasio**: black & white sesame seeds, sea salt
  - **Avocado**
  - **Roasted Corn**
  - **Green Onion**
  - **Daikon Sprouts**
Ingredients per Menu Item

Entrees

- **Bangkok Curry Bowl**
  - **Tofu Steak**: Tofu firm (organic soybeans, calcium sulfate, calcium chloride) Dijon mustard, brown sugar, nutritional yeast, tamari soy sauce, rice wine vinegar, olive oil, non-GMO canola oil, cumin, chili powder, oregano, onion powder, garlic powder, Sriracha (chili, sugar, salt, garlic, distilled vinegar, potassium sorbate, sodium bisulfate as preservatives, and xanthan gum)
  - **Rice, Brown**: brown rice, sea salt, olive oil, non-GMO canola oil
  - **Veggies Steamed**: zucchini, carrot, cauliflower, broccoli, kale
  - **Red Curry**: lemongrass, ginger, garlic, olive oil, non-GMO canola oil, red curry paste (red chili pepper, garlic, lemongrass, galangal (Thai ginger), salt, shallots, spices, kaffir lime, soybean oil), coconut milk, cilantro
  - **Gomasio**: Black & white sesame seeds, sea salt

- **Chicken & Waffles**
  - **Roasted Corn Waffles**: unbleached flour, roasted corn, soy milk, green onion, egg replacer, margarine – (Earth Balance Soy Free), organic sugar, baking powder, vanilla extract, paprika, black pepper, sea salt
  - **Spicy Native Chicken Patty**
    - **Native Chicken**: (Gardein™): water, soy protein isolate*, vital wheat gluten*, yeast extract (non-msg), natural flavors (from plant sources) organic cane sugar, expeller pressed/canola oil, sea salt, onion powder, pea protein, carrot fiber, extractives of paprika and turmeric (*non-genetically engineered soybeans & wheat)
    - **Breading**: Panko bread crumbs, paprika, chili powder, oregano, thyme, allspice, garlic powder, onion powder, crushed red pepper, bay leaves, sea salt, black pepper, parsley, coconut milk, garlic, coriander, sea salt, egg replacer, unbleached flour, non-GMO canola oil
  - **Sriracha Maple Syrup**: maple syrup, Sriracha (chili, sugar, salt, garlic, distilled vinegar, potassium sorbate, sodium bisulfate as preservatives, and xanthan gum), Louisiana Hot Sauce (aged cayenne red peppers, distilled vinegar, water, salt and garlic powder), corn starch, water
  - **Caramelized Onions**: onions, olive oil, non-GMO canola oil, sea salt, white pepper, maple syrup
  - **Steamed Kale**
  - **Roasted Corn**
  - **Green Onion**
  - **Black Pepper**
  - **Sea Salt**
Ingredients per Menu Item

Entrees

- Soul Bowl
  - Native Chicken: (Gardein™): water, soy protein isolate*, vital wheat gluten*, yeast extract (non-msg), natural flavors (from plant sources) organic cane sugar, expeller pressed/canola oil, sea salt, onion powder, pea protein, carrot fiber, extractives of paprika and turmeric (*non-genetically engineered soybeans & wheat)
    - Native Batter: coconut milk, garlic, coriander, sea salt, unbleached flour, egg replacer
  - Beans, Red: Kidney beans, vegetable base (blend of vegetables (Puree: carrot, celery, onion, sautéed onion, red bell pepper), dehydrated (tomato, carrots, green bell pepper, onion), juices (onion, garlic, shallot, carrot), sugar, salt, yeast extract, hydrolyzed corn protein, contains 2% or less of the following: maltodextrin, canola oil, natural flavor, disodium inosinate, disodium guanylate, modified food starch, spice, hydrolyzed soy protein, burgundy wine solids.), onion, garlic, bay leaf, sea salt, coriander
  - Rice, Brown: brown rice, sea salt, olive oil, non-GMO canola oil
  - Veggies Steamed: zucchini, carrot, cauliflower, broccoli
  - Ranch: Native vegan Mayo, soy milk, garlic powder, celery salt, black pepper, onion powder
  - BBQ Sauce: tomato puree (water, tomato paste), sugar, vinegar, brown sugar, salt, molasses, contains less than 2% of modified food starch, soybean oil, hydrolyzed soy protein, mustard flour, natural hickory smoke flavor, spice, dried onion, potassium sorbate (to preserve freshness), caramel color, dried garlic

- Sesame Kale Macro Bowl
  - Tempeh: organic soybeans, millet, water, rice vinegar, tempeh starter, deglaze (tamari, garlic, peppercorn, ginger, yellow onion)
  - Rice, Brown: brown rice, sea salt, olive oil, non-GMO canola oil
  - Steamed Kale
  - Sauerkraut: organic cabbage, yellow onion, olive oil, non-GMO canola oil, sea salt, caraway seed
  - Tahini Sauce: Tahini paste, olive oil, non-GMO canola oil, lemon juice, tamari soy sauce, apple cider vinegar, garlic, ginger
  - Gomasio: black & white sesame seeds, sea salt
  - Cucumber Salad: cucumbers, wakame flakes, apple cider vinegar, maple syrup, sesame oil, toasted black and white sesame seeds, sea salt

- Thai Meatball Bowl
  - Meatballs: Vital wheat gluten, water, all-purpose flour, soy sauce, sea salt, onion powder, tapioca starch, canola oil, fennel, garlic powder, black pepper, oregano, crushed red chili
  - Quinoa: white quinoa, water
  - Roasted Red Peppers: red bell peppers, garlic, safflower oil, sea salt, black pepper
  - Lemongrass Broccoli: broccoli, ginger, garlic, lemongrass, safflower oil, sesame oil, salt, crushed red chili
  - Super Slaw: green and red cabbage, kale, carrots, red pepper, chia seeds, flax seeds, sesame seeds, hemp seeds, olive oil blend, lemon juice, agave, salt
  - Thai Chili Cilantro Sauce: Sweet Thai Chili (sugar, pickled red chili, vinegar, garlic, sea salt, xanthan gum), Native Mayo, cilantro, seasalt
Ingredients per Menu Item

Entrees

- **Chickpea Tikka Masala**
  - **Rice, Cilantro**: jasmine rice, cilantro, yellow onion, olive oil, non-GMO canola oil, sea salt, caraway
  - **Tikka Masala**: garbanzo beans, yellow onion, red bell peppers, coconut milk, roma tomato, jalapeno, garlic, vegetable base (blend of vegetables (Puree: carrot, celery, onion, sautéed onion, red bell pepper), dehydrated (tomato, carrots, green bell pepper, onion), juices (onion, garlic, shallot, carrot), sugar, salt, yeast extract, hydrolyzed corn protein, contains 2% or less of the following: maltodextrin, canola oil, natural flavor, disodium inosinate, disodium guanylate, modified food starch, spice, hydrolyzed soy protein, burgundy wine solids), safflower oil, yellow curry powder, black pepper, sea salt, kafir lime leaf
  - **Pineapple**
  - **Cilantro**

- **Korean Bulgogi (Bowl)**
  - **Brown Rice**: brown rice, sea salt, olive oil, non-GMO canola oil
  - **Spicy Peanut Sauce**: peanut butter, Gochujang Sauce: (will vary glutinous rice, red pepper powder, corn syrup, wheat flour, koji, soybean oil, potassium sorbate, salt, rice), rice wine vinegar, tamari soy sauce (water, organic soybeans, salt, organic alcohol - to preserve freshness), agave syrup
  - **Jackfruit Bulgogi**: jackfruit, tamari soy sauce (organic soybeans, salt, organic alcohol - to preserve freshness), agave syrup, rice wine vinegar, ginger, garlic, yellow onion, sesame oil, water
  - **Avocado**
  - **Red Cabbage**
  - **Cucumber Salad**: cucumbers, wakame flakes, apple cider vinegar, maple syrup, sesame oil, toasted black and white sesame seeds, sea salt
  - **Thai Pineapple**: pineapple, Sweet Thai Chili (sugar, pickled red chili, vinegar, garlic, sea salt, xanthan gum)
  - **Fresh Basil**
  - **Carrot** (pickled)
  - **Gomasio**: black & white sesame seeds, sea salt

Native Kids

- **Lil’ Buddha**
  - **Rice, Cilantro**: jasmine rice, cilantro, yellow onion, olive oil, non-GMO canola oil, sea salt, caraway
  - **Sweet Potatoes: Teriyaki Sauce**: Tamari soy sauce, organic brown sugar, mirin rice wine vinegar, agave syrup, sesame oil, ginger, corn starch, water
  - **Thai Pineapple**: pineapple, Sweet Thai Chili (sugar, pickled red chili, vinegar, garlic, sea salt, xanthan gum)
  - **Gomasio**: black & white sesame seeds, sea salt
  - **Avocado**
  - **Roasted Corn**
  - **Green Onion**
Ingredients per Menu Item

Native Kids

- **Mac & Cheese**: Fusilli pasta, cashews, Yukon Gold potatoes, carrots, onion, coconut milk, nutritional yeast, lemon juice, sea salt, smoked paprika, garlic powder

- **Chicken Strips**
  - **Native Chicken** (Gardein™): water, soy protein isolate, vital wheat gluten, yeast extract (non-msg), natural flavors (from plant sources) organic cane sugar, expeller pressed/canola oil, sea salt, onion powder, pea protein, carrot fiber, extractives of paprika and turmeric (non-genetically engineered soybeans & wheat)
    - **Native Batter**: coconut milk, garlic, coriander, sea salt, unbleached flour, egg Replacer

- **Sunflower Butter and Chia Jam Sandwich**
  - **Fried Plantains**
  - **Cinnamon**
  - **Organic Sugar**
  - **Sunflower Seed Butter**:
    - Sunbutter™ brand: Roasted sunflower seeds, sugar, mono-diglycerides, salt
    - Once Again™ brand: Dry roasted sunflower seeds, cane sugar, sunflower oil, salt (all organic except salt)
  - **Chia Jam**:
    - World of Chia™ Jam: strawberies, organic agave nectar, chia seeds, lime juice
    - Welch’s™ Jam: sugar, strawberries, chia seeds, fruit pectin, citric acid, grape juice concentrate, natural flavor
  - **Banana**
  - **Green Apple Slices**

Desserts/Sweet Treats

- **Carrot Caramel Cupcake**
  - **Cupcake Batter**: unbleached flour, baking powder, baking soda, organic brown sugar, sea salt, cinnamon, safflower oil, rice milk, orange juice, carrot, vanilla extract
  - **Frosting**: water, expeller processed natural oil blend (soybean, palm fruit and olive), maltodextrin, non-gmo (soy protein, tofu), nondairy lactic acid, blend of natural gums (locust bean, guar, cellulose, xanthan and carrageenan, organic sugar, vegetable mono and diglycerides, salt, vegan margarine (varies by state/see above by brand), powdereder sugar, vanilla extract, caramel extract, vanilla bean paste

- **Chocolate Chip Cookie**: wheat flour, malted barley flour, coconut oil, evaporated cane juice, natural chocolate liquor (non-alcoholic), non-dairy cocoa butter, organic brown sugar, organic granulated sugar, water, pure vanilla extract, baking soda, salt

- **Chocolate Ganache Cupcake**
  - **Cupcake Batter**: unbleached flour, baking powder, baking soda, cocoa powder, sea salt, organic sugar, apple cider vinegar, vanilla extract, safflower oil, rice milk
  - **Frosting**: water, expeller processed natural oil blend (soybean, palm fruit and olive), maltodextrin, non-gmo (soy protein, tofu), nondairy lactic acid, blend of natural gums (locust bean, guar, cellulose, xanthan and carrageenan, organic sugar, vegetable mono and diglycerides, salt, vegan margarine (varies by state/see above by brand), powdered sugar, cocoa powder, vanilla extract
  - **Ganache**: coconut milk, vegan margarine (varies by state/see above by brand), chocolate chips
Ingredients per Menu Item

Desserts/Sweet Treats

- **Double Chocolate Ginger Cookie**: vegan margarine (varies by state/see above by brand), evaporated cane juice, natural chocolate liquor (non-alcoholic), non-dairy cocoa butter, ginger, cocoa powder, gluten free flour, ginger spice, ground cinnamon, allspice, ground nutmeg, black pepper, baking soda, organic brown sugar, organic granulated sugar, egg replacer, water, pure vanilla extract

- **Raspberry Cheesecake Parfait**
  - **Raspberry Filling**: water, raspberries, maple syrup, pure vanilla extract, corn starch
  - **Chocolate Granola**: grain buckwheat, grain quinoa, raw shelled pepitas, cashew, shredded coconut, cocoa powder, sea salt, maple syrup, coconut oil
  - **Cheesecake Filling**: vegan sour cream (varies by state/see above by brand), water, expeller processed natural oil blend (soybean, palm fruit and olive), maltodextrin, non-gmo (soy protein, tofu), nondairy lactic acid, blend of natural gums (locust bean, guar, cellulose, xanthan and carrageenan, organic sugar, vegetable mono and diglycerides, salt, sugar, lemon juice, pure vanilla extract, sea salt

- **Vegan Cream Cheese Tofutti™**: water, expeller processed natural oil blend (soybean, palm fruit and olive), maltodextrin, non-gmo (soy protein, tofu), nondairy lactic acid, blend of natural gums (locust bean, guar, cellulose, xanthan and carrageenan, organic sugar, vegetable mono and diglycerides, salt

- **Oatmeal Crème Pie**: water, expeller processed natural oil blend (soybean, palm fruit and olive), maltodextrin, non-gmo (soy protein, tofu), nondairy lactic acid, blend of natural gums (locust bean, guar, cellulose, xanthan and carrageenan, organic sugar, vegetable mono and diglycerides, salt, vegan margarine (varies by state/see above by brand), powdered sugar, unleached flour, baking powder, sea salt, cinnamon, baking soda, sugar, brown sugar, vanilla extract, egg replacer, rolled oats

- **Peanut Butter Parfait**: water, expeller processed natural oil blend (soybean, palm fruit and olive), maltodextrin, non-gmo (soy protein, tofu), nondairy lactic acid, blend of natural gums (locust bean, guar, cellulose, xanthan and carrageenan, organic sugar, vegetable mono and diglycerides, salt peanut butter (organic peanuts), agave, chocolate chips, banana bread crumbs (gluten free flour, gluten free oats, xanthan gum, coconut, almonds, evaporated cane juice, natural chocolate liquor (non-alcoholic), non-dairy cocoa butter, baking powder, sea salt, tofu (baking), maple syrup, agave, bananas, safflower oil, vanilla)